



by Guru Scott McQuaid

"Use only that which works, and take it from any place you can find it".

--Bruce Lee

Bruce Lee remains the greatest icon in martial arts. He is a key figure of modern popular culture and a pioneer in martial combat. Although his fame is synonymous to kung fu cinema, Bruce Lee was considered a genuine real fighter on and off the screen.

When reviewing Bruce Lee's fight accounts we can see how versatile he was as a fighter, a visionary that developed his own style of *Jeet Kune Do* (way of the intercepting fist) that solidified him as a modern MMA (mixed martial arts) fighter.

One question that still arises within the pencak silat community is, did Bruce Lee practice silat?







